

## Food Pantry, LAX

### Special points of interest:

- We distribute on Tuesday and Friday, 10:00 a.m.—12 noon.
- 355 E. Beach Avenue Inglewood, CA 90302 310-677-5597
- Tuesday Managers: Dorothy Nino
- Friday Manager: Mary Thompson

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*Manna: Food provided by God to the Israelites during their journey to the promised land*

# MANNA



Volume XXVIII

June 2013

## Volunteer of the Year—Dr. Judith Holland

Dr. Judie Holland was recognized as the Volunteer of the Year at the Food Pantry—LAX Annual Meeting in March.

In 1995, Dr. Holland retired from being the Director of

Women's Athletics at UCLA. However, she decided to stay at UCLA working part-time for the Vice Chancellor of Student Affairs. She retired from that position in 2003. In 1996, during her part-time retirement, she became involved

with the Food Pantry – LAX through its affiliation with the St. Jerome Parish of which she is a long time parishioner.

Of her work with the Food Pantry, Dr. Holland said, "It's important for people to know that the things the Food Pantry does really serve the mission of St. Jerome and people who are looking for things they can

do to make a difference; you can make a difference at the Food Pantry."

Dr. Judith Holland, known as Judie to her friends, was working at Sacramento State University around the

was not limited to her work at UCLA.

In 1976, Judie Holland co-founded the Collegiate Women in Sports Awards (CWSA) program. The CWSA celebrates and promotes

female athletes and their achievements. Over the years the CWSA has grown into one of the most prestigious award organizations in women's sports. She recently retired from her position as



*From left: Becky Weber, Dorothy Nino, Judie Holland, Scott Tanner, Mary Thompson, Johnny Albano and Ed Hayes.*

time when Title IX was passed. UCLA had created a new position for the Director of Women's Athletics and Judie Holland applied. She became the Director of Women's Athletics at UCLA in 1974 and played a major role in the tremendous growth of women's athletics at UCLA after the passing of Title IX. Dr. Holland's involvement in women's athletics

Executive Director of the CWSA in the fall of 2012 and is now the Managing Director. Of the CWSA, Dr. Holland said, "It's really important for these young women to be recognized for what they do."

When speaking of retirement and how it spurred her involvement in the Food Pantry, Dr. Holland noted

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The best way to find yourself is to lose yourself into service to others.

~ Mahatma Ghandi

How wonderful it is that nobody need wait a single moment before starting to improve the world.

~ Anne Frank

If you can't feed a hundred people, then feed just one.

~ Mother Teresa

**Veteran Stories by Becky Weber**

The Food Pantry serves very diverse groups of people. People of different colors, people from different countries, people of different languages, cultures and backgrounds. The small group of veterans that we serve is also diverse, but one thing they all have in common is that they have served our country with pride and honor and it is our honor to serve them.

Some of those we spoke to were reluctant to recount any of their experiences in military life – others were glad to share their “war stories”.

Levon served from 1974-1978 in the Army. As a Corporal in Vietnam he was assigned to an artillery unit. As a result of his service he has a permanent hearing loss. He says that he likes coming to the pantry because he is treated respectfully.

Herbert was a Master Sergeant in the Army from 1959-1968 serving in both Korea and Vietnam. At one time he was in a Special Forces unit, but he does not talk about that part of his career. He loves coming to the Pantry because his small pension runs out before the month does.

Sam also served in the Army during the Vietnam War. He “signed up” because he had a low draft number. Sam had a number of poignant remarks about war and soldiers. “I am not pro war, but I am pro soldier” he said. Even still his experience as a medic



U.S.S. Hepburn pictured left.

brings tears to his eyes. Drugs and alcohol numb the senses, he said. Sam speculated during his interview that as bad as war was, fighting his own demons was just as bad. Of his experience he said, “War messes up your head.” He has been sober now for 29 years. Despite his personal feelings about war Sam said, “Army buddies were the best friends I ever had.”

Ramona is a bright, spirited, Navy veteran. She was a non-combatant computer tech. Her term of service was from 1983-1987 on a U.S. Navy ship. She was able to visit Hawaii and China as part of her service and regards that as a big

plus. She was able to take advantage of benefits offered and attended Cal State Northridge where she received her B.A. degree. However, employment since graduation has been sporadic.

Anthony served as an Army Corporal in Vietnam. He was in a demolition unit from 1967-1969. Anthony’s service has resulted in many emotional issues. He confided that he still has “a few problems”, but not as often now. He was honorably discharged and

does receive some benefits from the government as thanks for his service.

Ron was a Navy Seaman Apprentice aboard the U.S.S. Hepburn, a destroyer escort. He was a boatswain in charge of ship maintenance. His term of service in one year was cut short because of an injury. He would like to have had a naval career, but was medically discharged because of his injury. He loved serving his country.

It is an honor for the Pantry to serve these often forgotten heroes who have served our country so well. In all their diversity they have a common bond in service to the United States. ♦

**News and Events**

Decron Properties held their annual food drive on our behalf this year. They collected food at three of their locations: Playa Del Oro, Playa Pacifica, and Westside Terrace. We collected several SUV loads of food both around Thanksgiving and then towards Christmas. They have done this for several years for us.

The Real Estate Consultants in Westchester/Playa Del Rey also held a holiday season food drive for us that filled a suburban

twice over. A little earlier than the holidays, Westchester Lutheran School gave us a lot of food. However, the largest quantity of food came from a very enthusiastic Cub Pack in Manhattan Beach, Pack 275. In November, they brought us enough cans and boxes of food to fill ten shopping carts on our premises.

We usually have our Bag It

Up Christmas drive in late November and early December in which we invite the community, and particularly the churches, to hand out shopping bags with a predetermined menu and

give them out to some of our clients in honor of those who died. A few of our clients were surprised to discover a \$20 bill in their bag in addition to the food we provided.



Late in 2012, we received a check from Stephanie Younger of Teles Properties who has a practice of telling her clients she will donate 10% of her commission to a charity of their choice. One of her clients did just that and the Food Pantry, LAX was the recipient of a

check for \$1,580. This is a policy we'd love all realtors in our area to adopt!

The Santa Monica Farmer's Market has been donating fresh produce left over from their Sunday market on Main Street. Vendors who have not sold their goods donate things like fennel, cucumbers, dill, and various salad greens to the Food Pantry-LAX. ♦

return them full. This year we gave out around 800 bags and got back around 650 full of enough groceries to allow a family to have a nice holiday celebration and some leftovers. That takes the place of several of our regular distributions during the holidays.

An anonymous donor gave us 26 \$20 bills not long after the Newtown school shooting and asked us to

**Last Year By the Numbers**

During the last calendar year, we gave groceries to families slightly more 12,000 times during the year providing enough groceries to represent almost 30,000 people/meals. That's an awkward way of saying every Tuesday and Friday we provide groceries to about 250 families and that the average family

consists of about 2.5 people. Since people don't come in halves and none of our clients are average, the families we serve range in size from one person to ten people. About one-quarter of them are senior citizens, about 8% of them are homeless, and a little more than a quarter of them are children. We only allow them to come once per week, but we think the gro-

ceries we provide will feed them for one to two days.

Last year our family and people count appeared to flatten out after five years of serious growth. We are somewhere around double the number of people we serve from where we were when the Recession started. ♦

Nobody can do everything, but everyone can do something.  
~ Unknown

Charity sees the need, not the cause.  
~ German Proverb

We make a living by what we get, but we make a life by what we give.  
~ Winston Churchill

## Food Pantry, LAX

located at:

355 E. Beach Avenue  
Inglewood, CA 90302  
Phone: 310-677-5597

Between La Brea &  
Centinela; one block  
North of Florence Ave.

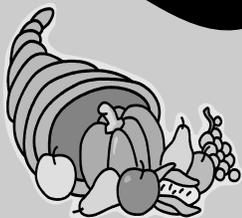
### Mailing Address:

8726 S. Sepulveda Blvd.  
Suite D PMB 741  
Westchester, CA 90045

### Email Address

FoodPantryLAX  
@Gmail.com

**All donations  
are appreciated.**



### Volunteers

are always needed at the Pantry, especially now on Tuesdays from 9:30 am to 12:30 pm each week; we also need people able to do food pick-ups as needed. If you can work one day a week, or one day a month, we would love to have you. To volunteer your services please call Dorothy Nino at the Pantry on any Friday, 11 to 12:30 310-677-5597

## *A Ministry of the Westchester/Ladera Clergy Association since 1985*

**OUR MISSION:** Food Pantry, LAX is an emergency food resource for low-income clients in Inglewood, Westchester, El Segundo, Hawthorne and portions of Los Angeles. Our policy is to provide food for 2 days or six meals to our clients. Clients may come to the Pantry once per week.

### **BOARD OF DIRECTORS**

W. Scott Tanner, President  
Johnny Albano, Vice President  
Willie Hodges, Treasurer  
Emily Mayeda, Secretary

### Board Members:

Dorothy Nino	Mary Thompson
Deacon Guy Wauthy	Becky Weber
Hazel White	Biz Tanner

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that, "when you retire you have to stay busy." She started volunteering at the Food Pantry - LAX on Fridays until the Food Pantry lost its rental space in the mid 2000's. During this time Food Pantry volunteers began bagging groceries at Covenant Presbyterian Church and then would drive them over to churches in Inglewood for distribution. This lasted about a year. During that time, Dr. Holland not only volunteered with food distribution, but also became involved in the search for a new home for the Food Pantry. She, along with several others, helped find the Food Pantry's current location.

After the Food Pantry moved into its new space, Dr. Holland became the Tuesday Manager and did whatever else she could to

help out such as picking up food donations from various places. When Dr. Holland became the Sacristan at St. Jerome's she was no longer able to work so many hours at the Food Pantry, but wanted to continue her involvement. For many years she has organized and managed the St. Jerome's Christmas Bag-It-Up program. This program provides a holiday meal to families who would otherwise go without. Of the families blessed by this program, Dr. Holland said, "This serves a big need. It makes their holidays a little bit better."

When asked how she feels about the Food Pantry, Dr. Holland said, "There are so many things in life where you cannot make a difference, but at the food pantry I'm helping to make a difference and that's what it's all about." ♦

### **Deuteronomy Chapter 10**

**18** He doth execute the judgment of the fatherless and widow, and loveth the stranger, in giving him food and raiment.

**19** Love ye therefore the stranger: for ye were strangers in the land of Egypt.

**20** Thou shalt fear the LORD thy God; him shalt thou serve, and to him shalt thou cleave, and swear by his name.

**21** He is thy praise, and he is thy God, that hath done for thee these great and terrible things, which thine eyes have seen.

**22** Thy fathers went down into Egypt with threescore and ten persons; and now the LORD thy God hath made thee as the stars of heaven for multitude.