

Food Pantry, LAX

Special points of interest:

- We distribute on Tuesday and Friday, 10:00 a.m.—12 noon.
- 355 E. Beach Avenue Inglewood, CA 90302 310-677-5597
- Tuesday and Friday Manager: Dorothy Nino

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Manna: Food provided by God to the Israelites during their journey to the promised land

MANNA



Volume XXXI

November 2014

Westside Food Bank and Food Pantry-LAX

Each week a volunteer from Food Pantry-LAX visits the Westside Food Bank to pick up food for the Food Pantry. This is mostly canned goods and other non-perishables, but also include seasonal produce as well. Food Pantry-LAX relies heavily on these goods which are sold by the Westside Food Bank to food pantries and other non-profit charitable organizations at an incredibly reduced cost; pennies per can.

Food banks operate on a larger scale than food pantries. They gather food in bulk either through donations or purchasing it wholesale. With their seven full-time staff they are able to distribute food more efficiently and at a lower cost than food pantries are able to do on their own. One single truckload of food might cost \$50,000—far too much for a single food pantry on its own.

A few years ago the Westside Food Bank lost some of its regular funding, but thanks to a program called Farm to Family

they have been able to meet the fresh produce needs of the agencies they serve. Farm to Family is a program where California growers donate fresh



goods to food banks which they then distribute to food pantries. Farm to Family produce is excess crop or food that has cosmetic flaws that don't affect quality only market value.

It's important to note: Food banks do not distribute food or goods directly to the public, their services go to other local or-

ganizations who then distribute to the people in their specific community who are in need.

The Westside Food Bank serves about 70 agencies and 90% of their food goes to food pantries. Bruce Rankin, Executive Director of the Westside Food Bank, estimates their food and goods serve 105,000 people each year. This is 1/10th of the people who need food assistance in Los Angeles County each year.

Food Pantry-LAX is one of these many agencies. When asked what sets Food Pantry-LAX apart, Bruce Rankin said it is the sustainability of our organization. He said, "There isn't another [food pantry] that we serve that is organized and supported by a coalition of religious organizations." This spreads the responsibility for maintaining Food Pantry-LAX across several churches and congregations making a long-term commitment to the community possible. ♦

**In Memoriam:
Jess Stone**

It was with great sadness that Food Pantry-LAX learned of the passing of Jess Stone. Jess was a long time Food Pantry supporter and in 2008 was awarded the Wilma S. Matz Volunteer of the Year Award along with

his loving wife and companion, Peggy.

Jess has volunteered at the Food Pantry since its inception. His involvement increased after he retired from Rockwell where he was an aeronautical engineer. He spent decades in service to those in need through his

service at Food Pantry-LAX.

Jess was incredibly well loved. He always came to help with a smile and a willingness to help. Jess Stone will be greatly missed. ♦

Soup Kitchen and Hot Lunch Programs

St. Jerome's Catholic Church

5550 Thornburn Street
Los Angeles, CA 90045
Hot meals served to those in need on the 3rd Saturday of the month from 10:30am to 12pm

Westchester United Methodist Church

8065 Emerson Avenue
Los Angeles 90045
Hot meal served to those in need on the 2nd Saturday of the month. Doors open at 10am and food is served at 11am.

The meaning of life is to find your gift. The purpose of life is to give it away.

Pablo Picasso

Donate to Food Pantry-LAX using AmazonSmile and Ralph's Community Connections

A few months ago Food Pantry-LAX registered as a charitable organization with AmazonSmile.

AmazonSmile is run by Amazon and gives you everything Amazon does, but with the added benefit of being able to give back to a charity of your choice every time you make a purchase.

The only difference between Amazon and AmazonSmile is that 0.5% of each purchase made on AmazonSmile will go to the charity of your choice. There is absolutely no cost to you and there can be major benefits for Food Pantry-LAX if you select us as your charitable organization. To add AmazonSmile to your Amazon account go to smile.amazon.com and select Food Pantry-LAX as your charity of choice. You will not need to create a new Amazon ac-



count. Once you've added AmazonSmile make sure to use smile.amazon.com for your Amazon purchases.

Ralph's grocery store has a program much like AmazonSmile called Community Connections. This program donates up to 4% of the purchases you make at Ralph's using your Ralph's Rewards card to Food Pantry-LAX.

To contribute to Food Pantry-LAX via Ralph's Community Connections program follow these

steps:

- 1) Go to www.ralphs.com
- 2) Click on Create an Account (or if you already have an account, sign in).
- 3) Follow the five easy steps to create an online account.
- 4) After you confirm your online account via a link that will be sent to you via email, return to www.ralphs.com and sign in to your new account.
- 5) Link your card to Food Pantry-LAX by clicking on Community Rewards, edit your community contributions and make sure you click on the circle next to Food Pantry-LAX.

We hope you will take these opportunities to help Food Pantry-LAX! ♦

Christmas Bag-It-Up Program

Our Christmas Bag-It-Up Program is upon us! The Food Pantry and Local churches will have the bags and menus for participants, but in case you'd like to get a head start, here is the menu:

- 1 large can or 2 small cans of chicken, beef, or ham (must not require refrigeration)
- 1 pkg. of potatoes (mashed/scalloped/etc.)
- 2 cans (15oz each) of vegetables
- 1 can (15oz) fruit
- 1 can soup (no broth)
- 1 pkg. pudding or Jello
- 1 jar (18oz) peanut butter or jam (no glass please)
- 1 pkg. pie crust and filling or cake mix and frosting
- 1 box dry cereal
- 1 pkg. Bisquick
- 1 box macaroni and cheese ♦

President's Corner
by Scott Tanner

The heart and soul of our program is devoted to acquiring and distributing food to poor people. However, we need people and money to do that so we spend time finding and coordinating volunteers and raising and spending money. We need a place for the food and the distribution to occur so we deal with property issues like leases, property insurance, janitorial support, pest control, and the like. The Food Pantry faces many of the challenges of every small business although we are not a business.

Occasionally one of the freezers is not working so we call the manufacturer and they give us the fix or send out a repairman. We have to find a supplier for the paper bags we put the food in. Since we put a plastic bag around the paper ones so they won't break, we have to decide whether the state's plastic bag ban affects us or

whether we should be using plastic bags anyway. If we have extra bread we can't store, what do we do with it? (It goes to the Salvation Army or the USO at the airport). People call who want to set up a table in front of our entrance to enroll our clients in food stamps or subsidized phone service, or ACA healthcare. We encourage them. We want to provide a balanced bag of grocer-

ies to give out each week, but someone has to look at what's been donated, so we know what we need to balance the bag. And then buy it. Someone needs to pick up food from donors, or from the Westside Food Bank. And unload it, and sort it, and shelve it.

We give food to people, but the process involves a lot of other activities. ♦



If your ship doesn't come in, swim out to it.

Jonathan Winters

No one has ever become poor by giving.

Anne Frank

By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.

Hebrews 13:15

Food Pantry, LAX

located at:

355 E. Beach Avenue
Inglewood, CA 90302
Phone: 310-677-5597

Between La Brea &
Centinela; one block
North of Florence Ave.

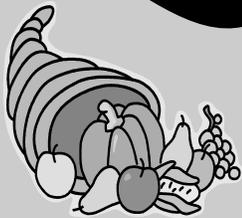
Mailing Address:

8726 S. Sepulveda Blvd.
Suite D PMB 741
Westchester, CA 90045

Email Address

FoodPantryLAX
@Gmail.com

**All donations
are appreciated.**



Volunteers

are always needed at the Pantry, especially now on Tuesdays from 9:30am to 12:30pm each week; we also need people able to do food pick-ups as needed. If you can work one day a week, or one day a month, we would love to have you. To volunteer your services please call Dorothy Nino at the Pantry on any Friday, 11:00am to 12:00pm at:

310-677-5597

A Ministry of the Westchester/Ladera Clergy Association since 1985

OUR MISSION: Food Pantry, LAX is an emergency food resource for low-income clients in Inglewood, Westchester, El Segundo, Hawthorne and portions of Los Angeles. Our policy is to provide food for 2 days or six meals to our clients. Clients may come to the Pantry once per week.

BOARD OF DIRECTORS

W. Scott Tanner, President

Johnny Albano, Vice President

Willie Hodges, Treasurer

Molly Nolan, Secretary

Board Members:

Dorothy Nino

Mary Thompson

Deacon Guy Wauthy

Biz Tanner

Hazel White

Ed Hayes

WESTCHESTER CLERGY ASSOCIATION

The member churches of the Westchester Clergy Association are our sponsoring organization. They are as follows:

Covenant Presbyterian Church

6323 West 80th Street, Los Angeles 90045

La Tijera Methodist Church

7400 Osage Avenue, Los Angeles 90045

Congregational Church of the Messiah

7300 West Manchester Avenue, Los Angeles 90045

First Baptist Church Westchester

8540 La Tijera Boulevard, Los Angeles 90045

Westchester United Methodist Church

8065 Emerson Avenue, Los Angeles 90045

St. Jerome Catholic Church

5550 Thornburn Street, Los Angeles 90045

The Episcopal Church of Holy Nativity

6700 West 83rd Street, Los Angeles 90045

The Church of Jesus Christ of Latter-day Saints

7515 Sepulveda Boulevard, Los Angeles 90045

Knox Presbyterian

8540 La Tijera Boulevard, Los Angeles 90045